

ABBOTSFORD PEER SUPPORT FOR SENIORS

SEPTEMBER 2026 NEWSLETTER



Upcoming Events

**SEP
7**

Labour Day

**SEP
8**

**Volunteer
Breakfast and
Workshop**

Volunteer Breakfast at Crossroads Restaurant. Please arrive at 9:15 am. Our speaker is Member of Parliament Brad Vis.

**SEP
11**

**Abbotsford Police
are presenting a
Seniors Safety
Forum**

See Page 2 for flyer

**SEP
14**

**Archway
Welcome Day**

See Page 2 for flyer

**NOV
3**

**Volunteer
Breakfast and
Workshop**

**DEC
9**

**APSS Christmas
Social**

Well, another summer is coming to an end and fall is arriving soon. We are so happy to have several new volunteers - Welcome to all!

The newsletter is looking different this month. I have had to change the program I previously used and I have to say I am loving the new one. It is still a work in progress so expect some more changes in the coming months.

We are now busy prepping for the Christmas Social on December 9th. More information and invitations will be emailed in November.

Have a great month!

BOARD OF DIRECTORS

**PRESIDENT:
JOANNE S.**

**VICE PRESIDENT:
JUDY H.**

**TREASURER:
BONNIE M.**

**SECRETARY:
KAREN H.**

**MEMBERS AT LARGE:
KEN B.
WALTER J.
BEV P.
BRENDA T.**

Reminder: Our office hours are Tuesday thru Thursday from 9 am until 1 pm.

APSS is funded by BC Gaming Grant, Abbotsford Community Foundation, Abbotsford Bingo and other generous Donors.
Thank you!





ABBOTSFORD
POLICE DEPARTMENT

SEPT 11
2026

10am - 3pm

Doors Open 9:30am
Lunch Provided

Garden Park Towers
2825 Clearbrook Rd

ABBOTSFORD POLICE

EMPOWERING ABBOTSFORD SENIORS

Abbotsford Police Presents Seniors Safety Forum

Empowering Abbotsford seniors with practical tools, knowledge, and support to stay safe, connected, and confident.

Join us for a one-day forum focused on fraud prevention, wellness, and building strong community connections.



TO REGISTER: 604-864-4818 | communications@abbypd.ca

MORE INFO: www.abbypd.ca/seniors-safety-forum



www.abbypd.ca



Together for a
SAFER ABBOTSFORD

Maplewood
CARE FOUNDATION

The older I get the
tighter companies are
putting the lids on jars

Are you age 55+ and caring for a family member or loved one? You're invited to join us once a month for Community Connections Café - a welcoming space to learn about local resources, connect with peers, and enjoy a light meal together. Each gathering offers helpful information, meaningful conversation, and a chance to build supportive relationships in a relaxed, social setting.

Abbotsford Recreation Centre

Sep 28	M	10am - 12pm	FREE	140019
Oct 26	M	10am - 12pm	FREE	140021
Nov 30	M	10am - 12pm	FREE	140022
Dec 14	M	10am - 12pm	FREE	140024

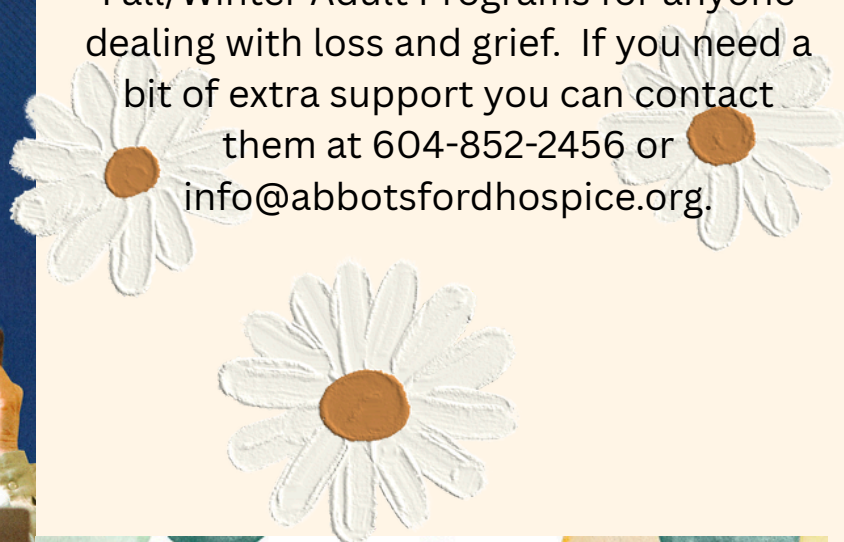


DIRECT2REC.COM

Abbotsford Recreation Centre 2499 McMillan Road | 604.853.4221



Abbotsford Hospice has numerous Fall/Winter Adult Programs for anyone dealing with loss and grief. If you need a bit of extra support you can contact them at 604-852-2456 or info@abbotsfordhospice.org.



Abbotsford Local
Immigration Partnership

JOIN US FOR WELCOME DAY!

Archway is hosting a FREE welcome ceremony to celebrate everyone who calls Abbotsford home. Join us for an evening of connection and celebration!

- Service Fair
- Networking
- Refreshments
- Panel
- Performance
- Keynote

September 14, 2026

Service Fair: 5:30pm

Ceremony: 7:00pm

Matsqui Centennial
Auditorium

Archway.ca/welcome



Register here!

QUESTIONS?

ABHINOOR.SIDHU@ARCHWAY.CA
604-309-8643

Archway
Community Services



Funded by:

Immigration, Refugees
and Citizenship Canada

Financé par :

Immigration, Réfugiés
et Citoyenneté Canada

