

ABBOTSFORD PEER SUPPORT FOR SENIORS

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"WE ARE HERE TO PROVIDE SUPPORT"

NEWSLETTER DECEMBER 2025

LOCAL EVENTS

Dec 6: The Salvation Army is having their 18th Annual Santa Shuffle at Mill Lake Park.

Dec 12/13: Central Heights Church is having a Symphonic Concert presented by Songs, Strings and Steps called Christmas Gifts.

Dec 21: Rogers Forum is hosting Stars on Ice featuring Elvis Stojko.

Dec 25: Merry Christmas!

Dec 26: Boxing Day

Jan 1, 2026: Happy New Year!



Merry Christmas and Happy New Year!

We are looking forward to our Christmas Social on **December 10th**. The Happy Gang Singers will be there to sing Christmas Carols with us and we will be enjoying a delicious catered Turkey Dinner. Remember to arrive at 11:30 am.

I wanted to let you know about some upcoming items that you should know about.

The office will be closed from December 19th until January 5th. The office phones and emails will be checked when we return on January 6th, 2026.

Due to time restraints I will not be doing a newsletter for January. I will resume in February.

There will be no breakfast and workshop in January 2026 as we have cut the breakfasts down to 4 times per year.

The AGM will be on February 10, 2026 at Crossroads Restaurant at 9:30 am. More details will be sent out in January for this event.

Thank you so much for a wonderful year !



Dec 4: Bonnie M.
Dec 5: Carolyn W.
Dec 8: Bev P.
Dec 23: Sandi K.
Dec 24: Janice B.



PRESIDENT:

Joanne Schweitzer

VICE PRESIDENT:

Judy Huzzey

TREASURER:

Bonnie Millin

SECRETARY:

Karen Hardy

MEMBERS AT

LARGE:

Margarite Bysouth

Brenda Townsend

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MARK YOUR CALENDAR

December 10:
Christmas Social

Jan 10, 2026: no breakfast – board meeting only at ARC 9:30 am

Feb 10, 2026: AGM and breakfast at Crossroads Restaurant 9:30 am

Reminder: Our office hours are Tuesday thru Thursday 9 am to 1 pm.



APSS is funded by a Gaming Grant from the BC Government.

- What is it that occurs once in a minute, twice in a moment, and once in a million years?
- What do A.M and P.M. stand for?
- What never asks questions but requires frequent answers?

-answers below



Winter Events at ARC and MRC

ARC is having a Holiday Movie Day on December 15 at 1 pm. They will be showing A Christmas Carol (1984 version).

There will be Caroling and Cocoa at ARC on December 18 from 1 pm until 3 pm and MRC on December 19 from 12 pm until 2 pm.

You can sign up for these events on their website at abbotsford.ca/prc or by phone at 604-853-4221 (ARC)/604-855-0500 (MRC).

ANNE MURRAY "MOM'S CHERRY CAKE"

Ingredients

1½ cups (375 mL) butter
2 cups (500 mL) granulated sugar
4 eggs
1 tsp (5 mL) each: vanilla extract, almond extract, lemon extract
4 cups (1 L) all-purpose flour, divided
2 tsp (10 mL) baking powder
1 tsp (5 mL) salt
1 cup (250 mL) milk
1½ cups (375 mL) red candied cherries, halved
1½ cups (375 mL) green candied cherries, halved

Instructions

1. With electric mixer, cream butter with sugar thoroughly.
2. Add eggs, one at a time, beating well after each. Beat in extracts.
3. Combine 3½ cups (875 ml) of flour with baking powder and salt; mix thoroughly.
4. Add flour mixture to creamed mixture alternately with milk.
5. Toss cherries with remaining ½ cup (125 ml) flour; fold into batter.
6. Pour into well-greased and floured 10-inch (3 L) Bundt pan.
7. Bake in 325° F (160° C) oven for 1¾ hours or until tester inserted in center comes out clean.
8. Let cool a few minutes in pan, then turn out onto a wire rack to cool completely.

"It truly is part of our Christmas tradition. Mom has cooked one and sent it by mail every year for the last 22 years. Christmas would not be Christmas without it"

ANNE'S QUOTE RE RECIPE (CHRISTMAS 2002)

Every time we try to eat healthy, along comes Christmas, Easter, summer, Friday or Tuesday and ruins it for us.

REMODEL at home

Answers:

- The letter M
- They stand for ante meridiem (before noon) and post meridiem (after noon).
- The doorbell