

ABBOTSFORD PEER SUPPORT FOR SENIORS

**2499 MCMILLAN ROAD
ABBOTSFORD, BC V2S 7R3
WE ARE HERE TO PROVIDE SUPPORT 604-850-0011**

VOLUME 10 ISSUE 7

OCTOBER 2019



Happy Thanksgiving!

VOLUNTEER BREAKFAST

Our next Volunteer Breakfast will be October 1, 2019 at 9:00am. Come enjoy breakfast and connecting with other volunteers at Crossroads Restaurant!

SUCCESS STORIES

Thank you to every one who submitted a success story. We'll be including them in our newsletter over the coming months. You'll find the first one on page two.

October Birthdays to celebrate!

- Ruth Sawatsky Oct 7
- Willa Kraft Oct 19
- Kathy Vogt Oct 24
- Margarite Hazlewood Oct 30

BOARD MEMBERS

- Diane Anderson: President**
- Bonnie Wetmore: V Pres**
- Stephen Chan: Treasurer**
- George Ho: Secretary**
- Willa Kraft: Director**
- Pat Stare: Director**



A POEM WRITTEN BY ONE OF OUR CLIENTS

Splitting Infinity

Spearheaded through the sky
 Splitting the blue as you fly
 You wing your way in flight
 Then disappear out of sight
 Although, the sky does not bind
 I will recall you with my mind
 And when you return to me
 Only then will I set you free.



CLIENT WAIVER FORM

If you currently drive or plan on driving your client, please ensure the office has a copy of the signed Waiver Form. You can contact the office to get a copy, or to ensure you have one on file. Our phone number is 604-850-0011.

VOLUNTEER TRAINING

We will be offering Volunteer Training again this fall. There is an Orientation Oct. 8 at 12:30pm. If you know of someone (male or female) who would enjoy meeting with a client once a week and giving them a new friendship and a listening ear, please call our office at 604-850-0011, or you may email us at apss.seniors@telus.net. **We have clients coming on board this fall who need a volunteer!**

HEALTHY LIVING-KNOWING YOUR BLADDER WORKSHOP

Our next workshop will be held at 10am at the Crossroads Restaurants October 15th. You and your client are invited to a workshop on Healthy Living-Knowing Your Bladder. You may sign up to attend the workshop at the upcoming Breakfast Oct 1st, call us at 604-850-0011, or email us at apss.seniors@telus.net.

SAVE THE DATE!

December 5 is the date of our annual Christmas event and fundraiser for United Way. It's a time of fun, laughter and a delicious holiday lunch. Mark your calendars, and let your client know as well! More details will be shared in the next newsletter.



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